

FURTHER INFORMATION

<https://osteoporosis.org.nz>

CONTACT US Fracture Liason Service

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Our Mission

To enhance bone health and quality of life for individuals over 50 with fragility fractures, through assessment, treatment, and prevention of future fractures.

Our Vision

To ensure better bone health and quality of life for individuals, particularly those over 50 with fragility fractures, through comprehensive care and support.

*"CAPTURING THE FIRST FRACTURE
TO PREVENT ANOTHER"*



Te Runanga
o Ngati Pikia

"MĀ WAI TAKU KAUA E TŌ KI UTA?"

FRACTURE LIAISON SERVICE



BREAKDOWN OF REFERRAL PROCESS

1. Find whanau or kaumatua who've had fractures from minor accidents
2. High-risk kaumatua are referred to QE Health for Assessment & Evaluation
3. Kaumatua are assessed to see if they're at risk of more fractures.
4. FLS will provide wrap-around support to help prevent more fractures through education, lifestyle changes, and in-home risk assessments
5. FLS will regularly check in with whanau to track progress and adjust treatment if necessary.
6. FLS will work with the services involved to make sure everyone is on the same page about treatment.



ABOUT OUR SERVICE

The Fracture Liaison Service works alongside your doctor to assess bone health, reducing the risk of future fractures. It identifies osteoporosis, predicts future fractures, and collaborates with GPs and QE Health for treatment and lifestyle adjustments

Two Part Service:

1. You will receive a free "DEXA" scan to check how strong your bones are.
2. You'll also be given advice to help prevent fractures in the future.

REFERRAL PROCESS

1. Patient Identification
2. Referral to QE
3. Assessment & Evaluation
4. Intervention & Treatment Plan
5. Follow-Up with TRONP
6. Co-ordination of Care

*"If you break a bone from a low impact accident or low level fall, **you might have osteoporosis** - a condition where the bones become weak, fragile and prone to fracture"*